

# PUT AN END TO TOXIC SECRETS IN PERIOD PRODUCTS!



**Menstrual products** come into direct contact with some of the **MOST sensitive & absorbent tissues** on our bodies, and may contain **HIDDEN** and **TOXIC ingredients!**

In fact, the **Food and Drug Administration**<sup>1</sup> has received hundreds of reports of adverse reactions to pads and tampons that have required medical evaluation and care.

But menstrual products are considered “medical devices”, so there are **NO legal requirements** for manufacturers to disclose what ingredients are used in period products.



## WHAT'S IN YOUR PERIOD PRODUCTS?

Not only are toxic chemicals found in menstrual products, but their presence and health risks are kept a **SECRET** from those who buy & use them.



Antibacterial compounds



Chloroform



Dyes



Fragrances



Lotions



Lubricants



Odor-absorbing compounds



Pesticides

## THE PROBLEM....

These toxic chemicals have been linked to **SERIOUS** health problems, like:

- **CANCER**
- **ALLERGIES**
- **TISSUE DAMAGE & IRRITATION**
- **ENDOCRINE DISRUPTION**
- **REPRODUCTIVE HARM**
- **BIRTH DEFECTS**



**LEARN MORE.  
GET INVOLVED**

**Text PERIOD to 52886**

<sup>1</sup>U.S. Food and Drug Administration (2017) MAUDE - Manufacturer and User Facility Device Experience Database. Available at <https://www.accessdata.fda.gov/scripts/cdrh/cfdocs/cfmaude/search.cfm>

# KEY CHEMICALS OF CONCERN IN TAMPONS & PADS

## Unknown antibacterial chemicals

- tissue/ mucous membrane damage, chemical burns

## Dioxins & furans

- cancer, reproductive harm

## Unknown fragrance chemicals

- respiratory irritant, neurotoxic



## Pesticide residues

- cancer, respiratory/ skin irritant

## Volatile organic compounds

- (such as: Styrene, Chloroform, or Acetone)
- organ damage, neurotoxic, cancer

## PEOPLE HAVE A RIGHT TO KNOW WHAT IS IN THE PRODUCTS THEY USE ON THEIR BODIES. PERIOD.



While we all have **unique needs, experiences, and preferences**, **taking care** of ourselves and bodies should **NEVER** put our **health, wellness or confidence** at risk.



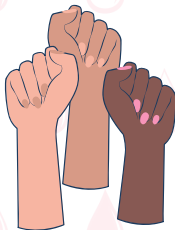
With **greater awareness** about ingredients in period products, we can help **prevent** adverse reactions & **improve** product safety over the long term.

And **disclosure** gives people who menstruate the **POWER** to choose products with ingredients they can **trust & feel good** about putting on and in their body.

## PERIOD POLICY IN ACTION, 2019-20

Important & ground-breaking, "right-to-know" legislation has been introduced across the country that **REQUIRE labeling & disclosure** of ingredients of **ALL** period products:

- In New York, (**A.164 / S.2387**) sponsored by Assemblymember Linda B. **Rosenthal** (D/WF-Manhattan) & Senator Roxanne J. **Persaud** (Senate District 19)
- At the federal level, the "Menstrual Products Right to Know Act" (**H.R. 2268**) by US Congresswoman Grace **Meng** (D-NY)



To voice your support for these bills & learn more, visit: [www.womensvoices.org](http://www.womensvoices.org)

**THANKS FOR YOUR HELP IN SHARING THIS INFORMATION. TOGETHER WE CAN SPARK THE CULTURE AND POLICY CHANGES WE WANT & NEED TO EXPERIENCE HEALTHY, SAFE PERIODS!**



**WOMEN'S VOICES  
FOR THE EARTH**

OUR HEALTH. OUR FUTURE. TOXIC FREE.

**SHARE  
YOUR  
STORY**

What do healthy, safe periods look like to you?

#DetoxTheBox

#RightToKnow

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