**All-Purpose Cleaner**

SUGGESTED USES: HARD SURFACES LIKE COUNTERTOPS AND KITCHEN FLOORS, WINDOWS AND MIRRORS

2 cups white distilled vinegar
2 cups water
20-30 or more drops essential oil (optional)

Tip: Warming in microwave until barely hot will boost cleaning power for tough jobs. Only microwave in a glass container.

**Creamy Soft Scrub**

SUGGESTED USES: KITCHEN COUNTERTOPS, STOVES, BATHROOM SINKS, ETC.

2 cups baking soda
1/2 cup liquid castile soap
4 teaspoons vegetable glycerin (preservative)
5 or more drops essential oil (optional - try tea tree, rosemary or lavender)

Mix together and store in a sealed glass jar: shelf life of 2 years.

Tip: For exceptionally tough jobs, spray with vinegar first -- full strength or diluted. Let sit and follow with scrub.

**Drain Opener**

1/2 cup baking soda
1/2 cup vinegar

Pour baking soda down the drain and follow with vinegar. Cover and let sit for at least 30 minutes. Flush with boiling water.

Tip: Prevent your shower from clogging by using a drain trap to catch water.
Furniture Polish

1/4 cup olive oil
1/4 cup white distilled vinegar
20-30 drops lemon essential oil or 2 teaspoons lemon juice (optional)

Shake well before using

Dip a clean, dry cloth into the polish and rub wood in the direction of the grain. Use a soft brush to work the polish into corners or tight places.

Tip:
To remove water spots, rub well with non-gel toothpaste and wipe away with a soft cloth. To remove scratches, use 1 part lemon juice and 1 part olive oil; rub with a soft cloth.

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Laundry Detergent

1 cup soap flakes
1/2 cup washing soda
1/2 cup baking soda
1-2 tablespoons powdered oxygen bleach (optional as extra whitening power)

Make soap flakes by grating your favorite pure vegetable soap with a cheese grater. Mix ingredients together and store in a glass container. Use 1 tablespoon per load (2 for heavily soiled laundry), wash in warm or cold water. For soft water: use 1 cup soap flakes, 1/4 cup washing soda and 1/2 cup baking soda. For hard water: use 1 cup soap flakes, 1 cup washing soda, and 1 cup baking soda.

Tip:
Add 1/2 cup white distilled vinegar to rinse as a fabric softener.

Tip:
For whites, use hydrogen peroxide instead of bleach. Soak your clothes for 30 minutes in the washer with 1/2 cup 20% peroxide, then launder as usual.

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Toilet Bowl Cleaner

Sprinkle toilet bowl with baking soda, drizzle with white distilled vinegar, let soak for at least 30 minutes and scrub with toilet brush.

Tip:
Let ingredients soak overnight to make for easy scrubbing, especially on persistent stains like toilet bowl rings.

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